

Notable Dates

Mon 14th Sept - EYFS
Meet the Teacher

Wed 16th Sept - Year 1
Meet the Teacher

Wed 16th—Fri 18th Sep -
Year 6 Residential

Thurs 17th Sept - Year 2
Meet the Teacher

Tues 22nd Sept - PTA AGM
6pm

Wed 23rd Sept -
Flu Vaccinations

Wed 23rd Sept - EYFS Read-
ing Workshop

Fri 25th Sept - Year 5
Macmillan Coffee Morning

Tues 29th Sept - Cedars is
20 Picnic

Thurs 1st Oct - Break the
Rules Day

Fri 16th Oct—TT Rockstars
Day

Tues 20th Oct -
Parent Forum 9am

Thurs 22nd Oct -
Parent Forum 6pm

Tues 3rd Nov - Parent Con-
sultations 3.30—6pm

Wed 4th Nov - KS1 Phonics
Workshop

Thurs 5th Nov— Parent Con-
sultation 3.30—6pm

Lunch Menu w/c 14th Sep- tember

Monday—
Cheese & Tomato Panini

Tuesday
Spaghetti Bolognese

Wednesday
Roast Beef

Thursday
Hawaiian or Margherita Pizza

Friday
Fish Cakes

*Jacket Potatoes available
daily*

Cedars Park Primary School

School Newsletter



Friday 11th September 2026

Communication

As we start a new year, we have seen the importance of clear and timely communication with our parents, particularly as we support all of our children to settle into their new class routines.

Please be reminded that there are a number of ways we ask parents to communicate with us: brief messages at the classroom doors in the mornings with class teachers; emails to your child's class teacher via the year group email addresses which are shared below; scheduling a time to chat with your child's class teacher if you feel you need a little longer with them is always an option too.

In addition, the office is great at triaging messages from parents to the relevant member of staff or pointing them in the right direction via admin@cedarspark.suffolk.sch.uk or 01449 778230.

Year Group email addresses are as follows:

Reception@cedarspark.net
year1@cedarspark.net
year2@cedarspark.net
year3@cedarspark.net
year4@cedarspark.net
year5@cedarspark.net
year6@cedarspark.net

Our Senior Leadership Team (SLT): Contact Details



Miss Suhail
Principal



Mr Main
Vice Principal

Miss Suhail, Mr Main and Mrs White are all contactable via the school office.



Mrs Scarlett
SENCO
EYFS & KS1 Phase
Leader

Mrs White
KS2 Phase
Leader



Mrs Scarlett can be contacted via senco@cedarspark.net

Cedars is 20!

It's hard to believe, but Cedars Park Primary School is 20 years old!

To mark the occasion, the children have all contributed towards a fantastic whole school display in the exhibition area, focussed around what makes Cedars Park special to them.

We are also organising a celebratory picnic lunch (weather permitting!) on the school field with our parents and carers welcomed over lunchtime to enjoy a picnic lunch with their child(ren).

During the picnic, we will also enjoy songs from the choir and some other surprises along the way.

This special picnic lunch is planned for **Tuesday 29th September at 12—1pm**.

We hope parents/carers are able to join us in marking this milestone in the school's journey.



Meet the Teachers

You will have seen from the last newsletter dates for this year's Meet the Teachers sessions.

For parents new to the school, these sessions run in your child's classroom straight afterschool and are incredibly useful to not only meet the teachers but also learn key details about the year ahead; including upcoming trips and experiences the children will look forward to.

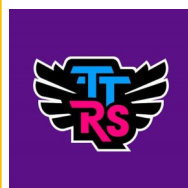
If you can't make the sessions, we share all presentations afterwards via Google Classroom. If you have any questions following this, please get in touch with your child's class teacher.



TTRockstars

This week, we ask all children and parents to check that they are able to log in to **TT Rockstars** and that they have been assigned to the **correct class**. Please let your child's class teacher know if there are any issues with accessing their account.

There will be lots of exciting **new competitions, challenges and opportunities** appearing in the newsletter each week, so make sure you keep an eye out and get involved! Our **House Captains** (who will be elected in the upcoming week) will also be sharing the latest TT Rockstars news and achievements during our Celebration Assemblies on Fridays.



Good luck, and let the times tables fun begin!

No Nuts

At Cedars Park, we are an Allergy Aware school. In particular, we are a strictly NUT-FREE school.

Please help us ensure that our children with serious allergies are kept safe and healthy.



Illness

As we head towards more autumnal weather and colder temperatures, we know that our little ones are more susceptible to illness. Please help us keep the school community safe and healthy by following the guidance that can be found on the NHS website [here](#).



Parking

Please remember that the bay parking spaces outside Cedrus House are only for use by the care home's visitors and staff.

Please also be mindful of parking on the road—be safe, be considerate.

The car park in the community centre can be used in the mornings so that we can continue a harmonious relationship with our local community and neighbours.



TT Rockstars Day

On **Friday, 16th October**, we will be holding a Times Tables Rockstars Day—and it's going to be bigger than ever!

Mr Johnson, who is our Maths Leader, is finalising plans—which we'll share with the children and parents soon. However, a key part of the day is having fun dressing up as rockstars for the day. We ask all children to join in—you could go small with some cool sunglasses, or big with a wig! We can't wait to see what the children come up with!



PTA—AGM

At Cedars Park, we are lucky to have the most amazing and supportive PTA.

The parents who work together to raise money for the school help us to be able to subsidise trips so the cost of these are kept to a minimum. They also help us to improve the experiences children have at school too—for example, the purchase of our Reading Shed, which has created a quiet space for our children to use at social times.

If you can afford the time, we would love for you to consider giving your support to the PTA team! Their Annual General Meeting takes place on **Tuesday 22nd September 2026 at 6pm**

in the school hall. Here, we can discuss even more exciting projects we can plan to help enrich the children's' experiences at school further.

See you there!



EYFS—Reading Workshop

We are holding a reading workshop for EYFS (Reception) parents on **Wednesday 23rd September at 9am** in the school hall.

Here, we will share how we teach phonics and early reading to our littlest learners in school. You'll also find out how you can help support your child at home too.



Parent Forums

Behaviour at Cedars Park, and how we teach, nurture and develop it, is a real focus for us.

Over the last year or so, we have been moving towards a more intentionally therapeutic approach—without lowering our usual high expectations of course.

To hear more, and to have a chance to share your thoughts and ask questions, we will be holding Parent Forums, as below. We hope these will be helpful in keeping parents and carers better informed about why we do what we do.



Tuesday 20th October at 9am
Thursday 22nd October at 6pm

Both sessions will take place in the school hall—we hope to see you there.

KS1 Phonics Workshop

We will be holding a Phonics workshop for our Key Stage 1 (Year 1 and 2) parents and carers on **Wednesday 4th November at 9am** in the school hall.

This will be a great opportunity to see some phonics teaching in action with the children, learning about how we teach letters and sounds to children, as well as how to apply this knowledge to blend for reading and segment for spelling. We'll also share information about the Phonics Screening Check, and what this looks like for your child.

Most importantly, you'll find out how to help your child at home too.

We hope you can make it!



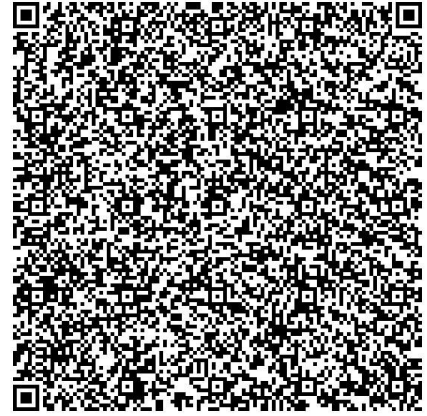
Macmillan Coffee Morning

As we are sure you are aware, 'The World's Biggest Coffee Morning' is Macmillan's biggest fundraising event for people facing cancer. With that in mind, Year 5 are getting involved; they will be hosting their own Coffee Morning on **Friday, 25th September from 9.30 – 11am**, with all donations on the day, made to Macmillan.



Whilst we invite all of our Year 5 parents and carers to attend this coffee morning, we kindly ask that should you wish to donate outside of this, this QR code will take you to our fundraising page.

We thank you in advance for your support towards this worthy cause.



Cedars Stars

Reception Alfred R Elliott GJ	Year 1 Emmet Q Summer L	Year 2 Lorenzo R Michael M
Year 3 Alessia I Rafael DAR	Year 4 Olivia-May W Robson B	Year 5 Amelia R Jacob C
Year 6 Autumn-Rose K & Emilia-Rose P		

Each week, teachers choose a child in their class who has really stood out that week for following our school rules (The Cedars ABC) or showing our school values (Leadership, Organisation, Resilience, Initiative and Communication).

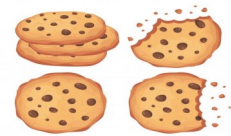
Well done to this week's Cedars Stars!

Class Cookies

Attendance at Cedars Park is a real strength.

Each week, we celebrate the class that has the highest attendance—the children each get a cookie as a treat!

Well done to **Robin class in Year 1** for having the highest attendance this week.



Attendance

Good attendance to school supports pupils' attainment, progress and well-being.

This week's attendance was as follows:

Reception: 96.44%
Year 1: 98.14%
Year 2: 98.06%
Year 3: 98.72%
Year 4: 97.35%
Year 5: 96.63%
Year 6: 98.85%

Well done to **Year 6** for having the highest attendance this week!





Cedars Park
Primary School
NO LIMIT TO LEARNING

"Pupils enjoy attending a vibrant and welcoming school." Ofsted 2023



EYFS open days

We would love to welcome you to our school!

Our open days are on:

5th October - 6pm

7th October - 9:30am

9th November - 9:30am

12th November - 6pm

2nd December - 9:30am

9th December - 9:30am

6th January - 9:30am

Book via the school office on:

01449 778230

admin@cedarspark.net



Feel free to contact us if you are unable to make these dates as we would love to show you around!

Tips for Supporting Children in DEALING WITH GRIEF

It's important that trusted adults feel able to help children and young people cope with grief – particularly at the moment, when we are a nation mourning the loss of a public figure who was treasured by so many. Children are seeing bereavement and sadness being featured heavily the national news and in their favourite online spaces, and hearing it being talked about extensively among families and in the community. How can we help them in processing this healthily?

1 UNDERSTAND WHAT GRIEF IS

Grief is emotional distress which is a normal response to the death of someone close, well known or admired. It may feel overwhelming – especially for young people – and is often accompanied by feelings of shock, disbelief, anger or fear. These emotions may also mean that sleep, eating and our relationships with others could be affected.

2 MEET THE CHILD 'WHERE THEY ARE'

This could be a child's first experience of grief and loss – or conversely, they may have already encountered it several times. Make sure that any conversations you have with them, and the support that you give, are led by their experiences and their understanding of death – and in the context of their religious or community beliefs.

3 EXPLAIN CLEARLY WHAT DEATH IS

It may often feel uncomfortable, but it's healthier to actually use the words "dead", "death" or "died". Abstract explanations of death can frequently create even more confusion – particularly for younger children, who are still trying to grasp this complex (and possibly unfamiliar) concept.

4 BE PREPARED FOR QUESTIONS

On subjects such as this – especially when it involves a person who's well known to them – children and young people often have lots of questions, all at once. Sometimes, new queries about the issue will occur to them weeks after the event. Be ready to answer their questions as honestly as you can, using language that's appropriate for their age.

5 FIND WAYS TO REMEMBER THEM

It can help to talk to about the person who's died, even if that individual wasn't personally involved in the child's own life – such as a significant public figure, for instance. You and your child can discuss what that person meant to you, celebrate the things they achieved or go to a place where they can be remembered.

6 ENCOURAGE COPING STRATEGIES

You can help a child or young person to identify what their usual positive ways of coping are when they have overwhelming feelings. For example, do they find that talking with someone, drawing, going for a walk or listening to music help when they're feeling upset? These same activities could form an important part of the grieving process.

7 REACH OUT FOR SUPPORT

If a child or young person is struggling with grief to the extent that it's impacting on their everyday life, there are lots of expert organisations that you could reach out to for further help. Samaritans provides a listening ear for anyone in emotional distress; The Mix offers specialist support to people under 25; and Winston's Wish deals specifically with helping young people who are grieving.

SAMARITANS:
116 123

WWW.THEMIX.ORG.UK/GET-SUPPORT
0808 808 4994

WINSTON'S WISH:
08088 020 021

Meet Our Expert

Anna Bateman is passionate about placing prevention at the heart of every school, integrating mental wellbeing within the curriculum, school culture and systems. She is also a member of the advisory group for the Department for Education, advising them on their mental health green paper.



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