

Notable Dates

Mon 4th May—Bank Holiday

Wed 6th May—Year 4 Geography Walk

Mon 11th—Thurs 14th May - Year 6 SATs

Fri 15th May—Year 6 Spectrum Gymnastics Centre

Thurs 21st May—PTA Fun Run (Details to follow)

Mon 25th—Fri 29th May—Half Term

Tues 2nd June—TT Rockstars Day

Thurs 11th June—Year 2 Scootability

Wed 17th June—Year 4 Music Festival at Trinity Park

Thurs 18th June—Y6 Crucial Crew at The Mix

Wed 24th June—Year 5 Work Exhibition 2.30—3pm

Thurs 25th June—Class Photos

Thurs 25th June—Year 1 Work Exhibition 2.30—3pm

Friday 26th June—Sports Day

Lunch Menu w/c 4th May 2026

Monday
Bank Holiday

Tuesday
Enchiladas or Veggie Enchiladas

Wednesday
Roast Chicken or Quorn Fillet with Yorkshire Pudding

Thursday
Margherita Pizza

Friday
Fish Fingers or Veggie Fingers & Chips

Jacket Potatoes available daily

Cedars Park Primary School School Bulletin

Friday 1st May 2026

PTA Fun Run

PE at Cedars Park Primary School is an important part of school life, and the PTA will be holding a sponsored fun run for all children on Thursday 21st May.

The aim is to raise funds to support PTA sponsored activities within the school, promote a healthy life style and further encourage pupils to have life-long interest and enjoyment of physical activity.

The theme for this year is "Fun in the Sun!" and we invite all children to dress up accordingly. Go wild and let us see your creativity.

The distances for each Key Stage are as follows;

- Key Stage One: 1/2 Mile (800m).
- Key Stage Two: 1 Mile (1600m).

Sponsor forms have already been sent home with your child. If you need a new one, please contact the school office.



Walk to School Week—Monday 18th May—Friday 22nd May

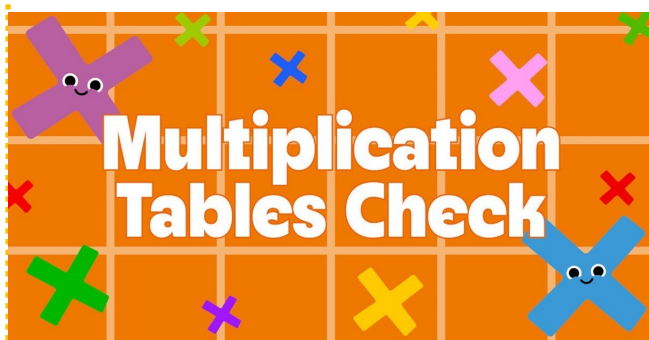
The last week of this half term will be Walk to School Week. This year's theme is 'Be Safe, Be Seen'.

Given the theme, our Junior Road Safety Officers will be leading a special assembly to communicate some key messages to their friends and peers.

There will also be some incentives to encourage the children to walk to school—more details will follow.



Year 4 Multiplication Tables Check



After half term, the Year 4 pupils will sit the statutory Multiplication Tables Check. Aside from the test itself, children having multiplication tables and associated facts at their finger tips is a vital skill within Maths.

As they move through KS2 and into KS3 having this knowledge will provide a strong foundation to help them access so many other areas of maths.

Please encourage your children to log into their TT Rockstars and Times Tables Online accounts to practice ahead of the assessment.
Thank you for your support at home.

TT Rockstars Day!

It's back! TT Rockstars day will be on Tuesday 2nd of June. Children should come to school in their best rock outfits.

There will be a special singing assembly on this day with a times tables twist. We can't wait to see all of your amazing outfits!



Sun Cream and Sun Hats



We are getting into the warmer weather and promoting the children's safety in the sun is key for us. We know that as parents you will want to ensure that your child is safe too. Please **send them into school with a hat** and make sure that you **apply sun cream** to your child **before they come to school**. We ask parents to **check the ingredients in the sun cream carefully as some contain nut oil and nut derived products**—we politely remind parents that we are a **nut free school**.

In addition, we have found the bottles and sprays being brought into school have caused issues around application with far too much sun cream being applied, sun cream going into eyes and going all over clothes. As adults in school, we can direct children but are not allowed to physically apply sun cream to the pupils. As such we request that, if you wish to send your child into school with sun cream to top up with in the day as necessary, that you **send them with a roll-on for ease of application**.

This will allow us to promote the children's independence, and emphasise the importance and their understanding of keeping safe in the sun.

Please have a conversation with your child at home about **not sharing their sun cream; only using the sun cream you have provided for them; and not to put their sun cream on anyone else**. We will have these conversations in school as well.

If you are sending your child in with a roll-on sun cream, please make sure that it is clearly labelled with their name.

Class Cookies

Well done to **Woodpecker Class in Reception, Chaffinch Class in Year 2 and Kestrel Class in Year 4** for getting 100% attendance this week.



No Nuts

We are a nut free school!



Attendance

This week's attendance was as follows:

Reception: 99.31%

Year 1: 97.78%

Year 2: 98.7%

Year 3: 95.8%

Year 4: 97.54%





Year 5: 95.47%

Year 6: 97.66%

Well done to **Reception** for having the highest attendance.

Cedars Stars

Well done to this week's Cedars Stars!

 Reception Ruby S Eabadullah N	Year 1 Paula EB Ronan W	Year 2  Anya H Isaiah S
Year 3 Teddy TW Amelia L	Year 4 Miles W Dennis R	Year 5 Dylan B Cleo C
	Year 6 Kevin B Reuben F	

Attendance Focus—Fixed Penalty Notices

We all know that good attendance at school will help children achieve the best outcomes as they move through their educational careers. At Cedars, our first priority is to support pupils and families to ensure that they attend well and any barriers are removed.

However, sometimes, in line with DfE and Government legislation, we have to issue Fixed Penalty Notices. We often get questions from parents and carers about these so we thought we would remind parents and carers how these work.

The following link (which we have shared in a previous bulletin) will provide further information for parents and carers: [Suffolk—What is A School Penalty Notice Flyer](#).

As we are moving into the Summer Term, where parents may be considering taking children out of school for a holiday, please note the DfE guidance in 'Working Together to Improve School Attendance' paragraph 38—"Generally, the DfE does not consider a need or desire for a holiday or other absence for the purpose of leisure and recreation to be an exceptional circumstance." This means that, in most cases, holidays will be unauthorised and may trigger a Fixed Penalty notice.



Attendance Matters

Every student. Every day.

Tips for Supporting Children in DEALING WITH GRIEF

It's important that trusted adults feel able to help children and young people cope with grief – particularly at the moment, when we are a nation mourning the loss of a public figure who was treasured by so many. Children are seeing bereavement and sadness being featured heavily in the national news and in their favourite online spaces, and hearing it being talked about extensively among families and in the community. How can we help them in processing this healthily?

1 UNDERSTAND WHAT GRIEF IS

Grief is emotional distress which is a normal response to the death of someone close, well known or admired. It may feel overwhelming – especially for young people – and is often accompanied by feelings of shock, disbelief, anger or fear. These emotions may also mean that sleep, eating and our relationships with others could be affected.

2 MEET THE CHILD 'WHERE THEY ARE'

This could be a child's first experience of grief and loss – or conversely, they may have already encountered it several times. Make sure that any conversations you have with them, and the support that you give, are led by their experiences and their understanding of death – and in the context of their religious or community beliefs.

3 EXPLAIN CLEARLY WHAT DEATH IS

It may often feel uncomfortable, but it's healthier to actually use the words "dead", "death" or "died". Abstract explanations of death can frequently create even more confusion – particularly for younger children, who are still trying to grasp this complex (and possibly unfamiliar) concept.

4 BE PREPARED FOR QUESTIONS

On subjects such as this – especially when it involves a person who's well known to them – children and young people often have lots of questions, all at once. Sometimes, new queries about the issue will occur to them weeks after the event. Be ready to answer their questions as honestly as you can, using language that's appropriate for their age.

5 FIND WAYS TO REMEMBER THEM

It can help to talk to about the person who's died, even if that individual wasn't personally involved in the child's own life – such as a significant public figure, for instance. You and your child can discuss what that person meant to you, celebrate the things they achieved or go to a place where they can be remembered.

6 ENCOURAGE COPING STRATEGIES

You can help a child or young person to identify what their usual positive ways of coping are when they have overwhelming feelings. For example, do they find that talking with someone, drawing, going for a walk or listening to music help when they're feeling upset? These same activities could form an important part of the grieving process.

7 REACH OUT FOR SUPPORT

If a child or young person is struggling with grief to the extent that it's impacting on their everyday life, there are lots of expert organisations that you could reach out to for further help. Samaritans provides a listening ear for anyone in emotional distress; The Mix offers specialist support to people under 25; and Winston's Wish deals specifically with helping young people who are grieving.

SAMARITANS:
116 123

WWW.THEMIX.ORG.UK/GET-SUPPORT
0808 808 4994

WINSTON'S WISH:
08088 020 021

Meet Our Expert

Anna Bateman is passionate about placing prevention at the heart of every school, integrating mental wellbeing within the curriculum, school culture and systems. She is also a member of the advisory group for the Department for Education, advising them on their mental health green paper.



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