

Cedars Park Primary School

School Bulletin

Friday 21st November 2025

Notable Dates

Tues 25th Nov—New Reception Intake Sept 26 Tour 9am & 5pm

Wed 26th Nov - Year 1 trip to Bury St Edmunds

Fri 28th Nov—Year 6 Duxford Imperial War Museum

Mon 1st Dec—Choir at the Christmas Tree Festival at St Peter & St Mary Church 6.00—6.45pm

Wed 10th Dec—KS1 Nativity 2pm and 6pm

Thurs 11th Dec—Christmas Dinner and Jumper Day

Thurs 11th Dec—Y5 & Y6 Choir to Cedrus House

Mon 15th Dec—Santa Fun Run

Tues 16th Dec—Year 6 Christmas Market 9—11am

Wed 17th Dec—EYFS Christmas Sing-a-long

Fri 19th Dec—Last Day of Term

Lunch Menu w/c 24th November 2025

Monday
Margherita Pizza

Tuesday
Brunch Lunch or Veggie Brunch Lunch

Wednesday
Roast Chicken or Quorn Fillet

Thursday
Smokey Joe Chicken or Cheese & Potato Pie

Friday
Fish & Chips or Veggie Fish Fingers

Jacket Potatoes available daily



Christmas Tree Festival School Choir Carol Service

On Monday **1st December** at **6:00pm** at **St Peter and St Mary's** church, the Cedars school choir will join with the choir from Combs Ford Primary to entertain parents, carers and staff with a variety of Christmas carols and festive songs. This is an annual event that we all thoroughly enjoy attending and it always starts the festive season off in such a wonderful way. We look forward to welcoming you at the Church in just over a weeks time.

Behind the Stable Door

Why are a cat, a dog, an ox, a donkey, a sheep and three camels all sitting outside a stable on a chilly, starry night? Well, the innkeeper's wife has a bee in her bonnet and has declared her stable 'out-of-bounds' to all animals! Something very curious is happening behind the closed door and the evicted animals want to find out what it is!



On Wednesday **10th December**, **Year 1 and Year 2** are looking forward to welcoming their parents and carers into school at **1pm or 6pm** for their performance of *Behind The Stable Door*. We look forward to seeing you.

Christmas Jumper and Dinner Day

Thursday 11th December will be Christmas dinner and Jumper day. Children are invited to swap their usual Cedars jumpers, cardigans and fleeces for a festive alternative. In addition, this will also be our Christmas dinner day—the office have already sent out a link via email for you to indicate your child's preferences for their lunch.



Santa Fun Run

Another annual festive event is fast approaching—the Santa Fun Run! On **Monday 15th December** the children are invited to wear **festive non-uniform** for the day and they will then take part in the Fun Run on the field.

The field will be muddy at this point in the year, so we ask that parents and carers send their children into school with a **change of shoes**.

We look forward to seeing the children in their festive outfits!



Year 6 Christmas Market



On Tuesday 16th December, between 9 and 11am, Year 6 will welcome their parents and carers to the annual Christmas Market. This year's theme is Christmas Around the World and visitors will be treated to a festive performance followed by a variety of Christmas activities and stalls, designed and created by the children themselves.

EYFS Christmas Sing-a-Long



Parents and carers of our youngest pupils, in Early Years, are invited to come into school on Wednesday 17th December at 9:15am to join in with a Christmas themed sing-a-long. The children have been practising hard to get ready to spread some tune-ful festive cheer. We look forward to seeing you then.

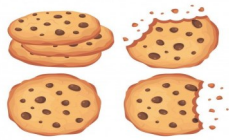
Farewell to Miss Gay

Miss Gay leaves us today having been at the school since 2021, first joining the team as a Midday Supervisor. The children at Cedars have been very lucky to have had the benefit of Miss Gay's dedication as both an HLTA and our Librarian. We would like to thank her for all her hard work and we wish her the best as she moves onto new career opportunities.



Class Cookies

Well done to Curlew class in Year 6 for having the highest attendance this week.



Attendance

This week's attendance was as follows:

- Reception: 96.46%
- Year 1: 92.50%
- Year 2: 95.65%
- Year 3: 95.10%
- Year 4: 93.84%
- Year 5: 97.65%
- Year 6: 98.73%

Cedars Stars

Well done to this week's Cedars Stars!

★ Reception Recce R Archie B	Year 1 Reggie E Willow-Rose J	Year 2 Florence F Bryony S ★
Year 3 Oscar B Ruby G	Year 4 Hayden P Ruby CS	Year 5 Alice S Lily O
★	Year 6 Denver G Amelia B	★

Social Media

The use of social media platforms is very popular and can be very helpful. However, in the interests of everyone, these communities should always be positive and constructive places. Accordingly, by way of a reminder, the school requests that all parents and carers act in an appropriate manner that is in line with the [Trust's Parent and Visitor Code of Conduct](#).

Please ensure that all contributions and posts to social media groups are respectful of all, including the members of our school community, at all times.

Within our school, and the Trust, we value open channels of communication and welcome feedback, whether it is in the form of an email, a telephone call, or a meeting. We recognise that there may be times when you have concerns or questions, and we request that these are raised directly with school staff so that issues can be resolved in a constructive and productive way. In addition, we remind parents and carers that should you have any concerns, there is a Trust-wide Complaints Procedure that should be followed which can be found on the [school website](#).



What Parents & Carers Need to Know about HOW TO COMBAT ONLINE BULLYING



Defined as "ongoing hurtful behaviour towards someone online", cyber-bullying makes its victims feel upset, uncomfortable and unsafe. In the digital world, it has numerous forms – such as hurtful comments on a person's posts or profile; deliberately leaving them out of group chats; sharing embarrassing images or videos of someone; or spreading gossip about them. Cyber-bullying can severely impact a young person's mental health... so, in support of Anti-Bullying Week, we've provided a list of tips to help trusted adults know what to look for and how to respond to it.



1. GET CONNECTED

Playing online games together with your child or connecting with them on social media (provided they're old enough) is not only fun but also an excellent way of establishing some common ground to discuss things you've both seen or done online – as well as keeping an eye on who your child is communicating with in the digital world.

2. KEEP TALKING

Regular chats with young people about their online lives are good practice in general, but they can also be an excellent refresher to help prevent cyber-bullying situations. Topics you might want to revisit include why it's important to only connect online with people we know and trust, and why passwords should always remain secret (even from our best friends).

3. STAY VIGILANT

Observe your child while they're using technology and just after they've used it. Are they acting normally, or out of character? Possible signs of a problem may include seeming quiet or withdrawn, jumpy or anxious, angry or repeatedly checking their phone. When you feel it's the right time, you may want to check in with them to see if everything is OK.

4. MAKE YOURSELF AVAILABLE

If an online bullying incident does occur, it may take a while before your child is ready to open up about what happened. Just gently remind them that they can always come to you with any problems – and that they won't be in trouble. You might also suggest a trusted family member they could turn to, in case they feel too embarrassed to tell you directly.

5. BE PREPARED TO LISTEN

When conversations about online bullying do take place, they're likely to be difficult, emotional and upsetting for both you and your child. Actively listen to your child while they're bringing you up to speed, and try not to show any judgement or criticism – even if they haven't dealt with the situation in exactly the way you would have hoped.

FURTHER SUPPORT AND ADVICE

If you or your child need additional help with an online bullying issue, here are some specialist organisations that you could reach out to.

Childline: talk to a trained counsellor on 0800 1111 or online at www.childline.org.uk/get-support/

National Bullying Helpline: counsellors are available on 0845 225 5707 or by visiting www.nationalbullyinghelpline.co.uk/cyberbullying.html

The NSPCC: the children's charity has a guide to the signs of bullying at www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/bullying-and-cyberbullying/ and can be reached on 0800 800 5000

6. EMPOWER YOUR CHILD

Depending on their age, your child might not want a parent 'fighting their battles for them'. In that case, talk through their options with them (blocking the perpetrator, deleting the app and so on). By allowing your child to choose the path they take, you're putting them in control but are also demonstrating that you're there to support them along the way.

7. REPORT BULLIES ONLINE

Cyber-bullying often takes place through a particular app, social media platform or online game. If this is happening to your child, encourage them to report the offender to the app or game in question – ideally with screenshots to support their complaint. Most games and apps have reporting tools specifically to stamp out abusive behaviour and protect users.

8. ENCOURAGE EMPATHY

Protecting themselves online is the priority, of course, but young people should also feel empowered to help if they witness other people falling victim to cyberbullying. Even if they don't feel confident enough to call someone out on their abusive behaviour online, they can still confidentially report that person to the app or game where the bullying occurred.

9. SEEK EXPERT ADVICE

Victims of online bullying frequently experience feelings of isolation and anxiety, a loss of self-esteem and potentially even thoughts of self-harm or suicide. If you think that an incident of cyber-bullying has affected your child's mental well-being, then seek psychological support for them. There are some useful contact details in the central panel below.

10. INVOLVE THE AUTHORITIES

If the nature of any online bullying makes you suspect that your child is genuinely in imminent physical danger – or if there are any signs whatsoever of explicit images being shared as part of the bullying – then you should gather any relevant screenshots as evidence and report the incidents to your local police force.

Meet Our Expert

Dr Clare Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.

