



Cedars Park Primary School

SEN Newsletter



Welcome!

Welcome back to the start of another amazing term at Cedars Park to all parents and pupils. We hope you will find this useful for information and to keep you up to date with all the SEN news and updates taking place here at Cedars Park and in the local area. Within these newsletters there is information that could support all children, not just those on the schools SEN register.

If you have any suggestions of what you would like in future SEN newsletters, please let the school office know.



SENDCo

At Cedars Park, the Special Education Needs and Disabilities Co-ordinator (SENDCo) is Mrs Scarlett. She can be contacted via the school office or my email.

Email: senco@cedarspark.net



Interventions

At Cedars Park Primary School we always try to follow the most up-to-date guidance and research to ensure that all learner are receiving the best possible education. As a result of this we have implemented a new whole school approach to supporting all learners in receiving quality, time limited interventions.

Teaching Assistance have now been re-deployed in afternoon sessions to maximise their ability to support learners across the school. This also means that Teaching Assistance will become experts in their interventions.



Any child, not just those with SEN, who the teachers feel would benefit from additional support in a specific area now has the opportunity to receive this with an adult. Further to this parents will receive a letter in the coming days detailing which interventions your child is in and why.

If you would like further information about this please contact your class teacher in the first instance and they will be happy to help.



Coffee Mornings

As Miss Suhail has already mentioned in her newsletter, we will be holding our half termly coffee morning on **Thursday 15th February from 9-10am**. Please keep an eye out on Arbour to sign up for this. As always, there will be hot drinks and biscuits! These have been very popular and we have had great feedback from parents, so please do come along.



This half terms coffee morning will be focused on supporting 'behaviour that challenges'. Mrs Scarlett will be speaking about a new strategies being implemented in school 'Zones of Regulation' and Mr

Main will be sharing our schools current approach to positive behaviour management and how the school adapts the behaviour policy to support all pupils to achieve their potential.



Yoga Class

FOR PARENTS AND CARERS OF SEND CHILDREN

Suffolk
Family Carers
Living Fuller Lives



This is a yoga class for parents and carers of SEND children and young people. The sessions will help you to learn techniques and exercises which will strengthen your body and mind, enabling you to incorporate self-care into your everyday life. This course may provide a brief period of respite for you, helping you to manage your caring role.

Yoga mats and bolsters will be available but bring your own if you have them. Wear comfy clothes that you can move in. Bring a pillow or cushion and a blanket for the session.

You are booking for a stand alone session. Pre booking is essential and you must book each session separately.

There will be a 75 minute session led by a qualified yoga instructor followed by refreshments and the opportunity to speak to a trained family advisor from Suffolk Family Carers

Location: Scout Hall, Milton Road, North Stowmarket IP14 1EX

For more information and to sign up to these sessions please follow the link below;

<https://suffolkfamilycarers.org/events/yoga-class-for-parents-and-carers-of-send-children-7/>