



Cedars Park Primary School School Newsletter

Monday 12th February 2024

Notable Dates

Tues 13th Feb - Y4 trip to West Stow Anglo-Saxon Village

Thurs 15th Feb - SEND Coffee Morning 9 - 10am

Mon 19th - Fri 23rd Feb - Half Term

Mon 26th Feb - PD Day

Thurs 7th March - World Book Day

Mon 11th—Fri 15th March - Science Week

Fri 15th March—Y5 Space Sleepover

Wed 20th March - Year 1 Sharing Assembly

Thurs 28th March - Wear a Hat Day—Brain Tumour Awareness & Last day of term

Fri 29th March - Thurs 11th April - Easter Holidays

Fri 12th April - PD Day

Monday 15th April - Pupils return to school for Summer Term

Lunch Menu w/c 12th Feb

Monday
Pepperoni Pizza or Tomato & Basil Pasta

Tuesday
Sausage Roll or Vegan Sausage Roll

Wednesday
Roast Gammon or Quorn Fillet

Thursday
Chicken Casserole or Tomato & Lentil Bake

Friday
Mini Fish Fillet or Fishless Finger Bap

Jacket Potatoes are available everyday.

Dear Parents and Carers,

It was great to see so many of you in school last week for this term's parents' consultation evenings—though we understood if you requested a telephone meeting instead due to the sickness bug sweeping through certain year groups.

Some staff were also affected by the bug, therefore we will look to rearrange any missed evenings directly with parents on Arbor, once everyone has had time to recover after the half term break.



Illness may have affected some of us, however it didn't seem to affect the book fair! An enormous £1118.72 was raised!

Thank you, as ever, for supporting the book fair with such gusto—we look forward to involving the children in helping us buy more up-to-date books for the school.

Recently, we had our first NSPCC Number Day. Thank you to parents and carers who donated towards this worthy cause—either in cash or online. The children had a great day to mark the occasion; a special number-themed 'Beat the Goalie' being a particular highlight, as well as a 'Deal or No Deal' inspired assembly!

I welcomed a special visitor to the school on Friday—Jo Churchill, MP for Bury, St Edmunds. Jo and I spent time discussing the school's context, its journey to 'Good' following



our last Ofsted inspection, as well as popping into classes to visit learners. We will look forward to having Jo back again in the near future—she was so impressed by the school and its pupils!

Wishing everyone a healthy last week of this half term—and an even healthier break next week! We will look forward to seeing everyone back on Tuesday 27th February 2024.

With best wishes,
Miss Suhail
Headteacher



Parking

Please remember to park courteously at drop off and pick up times.



The Community Centre can be used for parking at these busy times.

Please also be reminded that the staff car park is strictly for staff use only.

Jewellery and Makeup

We have had a number of students come into school recently wearing smart watches. Please be aware that we do not permit smart watches, particularly those that allow communication and photography, to be worn in school.

In addition, makeup is also not permitted—even on non-school uniform days. On special days, face paints are welcome, however we must insist that cosmetic makeup is not worn to school on any day.

Thank you for your support.

WORLD BOOK DAY

World Book Day—Thursday 7th March

Plans for this year's World Book Day are being finalised by our English Leaders and teachers and we will let you know these when we can. However, in the meantime, please be advised that this year, we will ask the children to come to school with their favourite book from home. They are also encouraged to dress up as a character from their favourite book, if they wish to, as this day will be a non-uniform day.

No Nuts!

Please remember we are a nut free school.



Deodorant and Fragrances

Please ensure that children are not bringing aerosol deodorants into school as they are at risk of triggering our fire detector alarms.

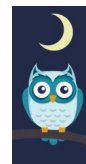
Please also ensure that glass-bottled perfumes or aftershave are also not sent into school in children's bags; we have had spillages and broken glass—which is understandably a real safety concern.

Thank you for your support with this.

Vacancy

We are looking to recruit a new After School Club Leader for the Night Owls After School club!

To find out more, please go to our school website [here](#).



School Meals

Please be reminded that if you pay for your child's school meals, these cannot be ordered unless your account on Arbor is in credit. Thank you for your support with this.



Cedars Stars

Well done to most recent Cedars Stars!

Reception Kai G-R Florence F Erin W Victoria O	Year 1 Bella U Summer W Georgina G Harry P	Year 2 Oskar W Harry D-B Axel S Leo M
Year 3 Charley Z Elizabeth P Imola C Evie H	Year 4 Loic N Max C Samuel G-J Abigail C	Year 5 Anthia K Rafael M Ben R Ashlee S
Year 6 Ellie B Tyler S Demie B Lara B		

Registration

Please be advised of the following:

- ⇒ The school day starts at 8:40am.
- ⇒ Registration opens and is taken at 8:40am.
- ⇒ Children registered after 8:45am, will receive a 'Late while the Register is Open' mark.
- ⇒ The Register closes at 8:50am.
- ⇒ Children registered after 8:50am receive a 'Late while the Register is Closed' mark.
- ⇒ Children arriving after 9am will be registered as an 'Unauthorised Late'.

Attendance

Good attendance to school supports pupils' attainment and well-being.

Last week's attendance was as follows:

Reception: 91.74%
Year 1: 86.67%
Year 2: 93.70%
Year 3: 94.65%
Year 4: 92.00%
Year 5: 86.84%
Year 6: 74.11%

Class Cookies



Well done to Swallow in Year 3 for having the highest attendance last week—100%!

Well done to Year 3 for having the highest attendance!

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What Parents & Carers Need to Know about GROUP CHATS

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WHAT ARE THE RISKS?

Occurring through messaging apps, on social media and in online games, group chats are among the most popular ways that young people engage with their peers online. Involving, by definition, three or more individuals, these groups allow users to send messages, images and videos to everyone in one place. While they are useful for helping friends, people with shared interests or members of a club to communicate and coordinate activities, they can also leave young people feeling excluded and bullied – as well as providing opportunities for inappropriate content to be shared and viewed.

BULLYING

Unkind comments or images which are purposely aimed at an individual can be shared freely in a group chat – allowing and often encouraging others to join in the bullying behaviour. If this content is shared in a group of their peers (especially a larger group), it serves to amplify the hurt, embarrassment, anxiety and isolation that the victim feels.

SHARING GROUP CONTENT

It's important to remember that – while the content of the chat is private between those in the group – individual users can easily share a message, photo or video with others outside of the group or screenshot what's been posted. The risk of something your child intended as private becoming public (and potentially going viral) is higher if there are people they don't know well in the group.

EXCLUSION AND ISOLATION

This common issue with group chats can happen in several ways: starting a new group, for instance, but deliberately excluding a certain child. Likewise, the chat may take place on an app which one child doesn't have access to, meaning they can't be involved. A child can also feel isolated when a group chat is used to discuss or share images from an event that everyone else but them attended.

UNKNOWN MEMBERS

Within larger group chats, it's more likely your child will be communicating with people they don't really know. These strangers may be friends of the host, but not necessarily friendly toward your child. It's wise for young people not to share personal details and stay aware that they have no control over the messages and images they share after they've put them online.

INAPPROPRIATE CONTENT

Some discussions in group chats may include inappropriate words, swearing and unsuitable images or videos. These could be viewed by your child if they are part of that group, whether they actively engage in it or not. Some chat apps have a disappearing message function, so your child may be unable to report something they've seen because it can only be viewed once or for a short time.

NOTIFICATIONS AND FOMO

A drawback of large group chats is the sheer number of notifications. Every time someone in the group messages, your child's device will be 'pinged' with an alert; potentially, this could mean hundreds of notifications a day. Not only is this highly distracting, but young people's fear of missing out on the latest conversation results in increased screen time as they try to keep up with the chat.

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Advice for Parents & Carers

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CONSIDER OTHERS' FEELINGS

Group chats are often an arena for young people to gain social status. This could cause them to do or say things on impulse, which could upset others in the group. Encourage your child to consider how other people might feel if they engaged in this behaviour. If your child does upset a member of their group chat, support them to reach out, show empathy and apologise for their mistake.

GIVE SUPPORT, NOT JUDGEMENT

Remind your child that they can confide in you if they feel bullied or excluded in a group chat, instead of responding to the person who's upset them. Validate their hurt feelings and help to put them back in control by discussing how they'd like to handle the situation. On a related note, you could also empower your child to speak up if they're in a chat where others are being picked on.

BLOCK, REPORT AND LEAVE

If your child is in a chat where inappropriate content is being shared, advise them to block the users sending the material, report them to the host app or platform and exit the group. If any of this content could be putting a minor at risk, contact the police. Emphasise to your child that it's OK for them to simply leave any group chat that they don't feel comfortable being a part of.

PRACTISE SAFE SHARING

In any online communication, it's vital for young people to be aware of what they're sharing and who might potentially see it. Discuss the importance of not revealing identifiable details like their address, their school or photos that they wouldn't like to be seen widely. Remind them that once something is shared in a group, they lose control of where it may end up and how it might be used.

AVOID INVITING STRANGERS

Sadly, many individuals online hide their true identity to gain a child's trust – for example, to gather information on them, to exchange inappropriate content or to coax them into doing things they aren't comfortable with. Ensure your child understands why they shouldn't add people they don't know to a group chat – and, especially, to never accept a group chat invitation from a stranger.

SILENCE NOTIFICATIONS

Having a phone or tablet bombarded with notifications from a group chat can be a massive irritation and distraction – especially if it's happening late in the evening. Explain to your child that they can still be part of the group chat, but that it would be healthier for them to turn off or mute the notifications and catch up with the conversation at a time which better suits them.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



NOS
National Online Safety®
#WakeUpWednesday

Source: <https://www.nationalonlinesafety.com/parents-carers-what-you-need-to-know-about-online-safety/social-media/group-chats>

7 REASONS TO...

join our PTA

#1 Your Child Benefits



#2 To Make A Difference

HELLO

#3 We Have Fun

#4 Make Friends

#5 Feel Involved

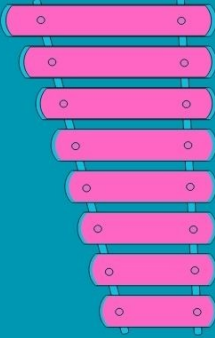


#6 Give A Helping Hand

#7 Keep Our PTA Going

To get involved email:
Ptacedarspark@gmail.com

Beginner ENSEMBLES



KS2 Fun ensemble playing for children in their first year of learning their instrument

WEEKLY ACTIVITIES ACROSS SUFFOLK
FREE

Bring your instrument

Starting Tuesday 27th February
45-1hr minute sessions in
Brantham
Felixstowe
Framlingham
Haverhill
Ipswich
Lowestoft
Saxmundham
Stowmarket



Find out more: 01473 263400

[www.https://www.suffolkmusicHub.co.uk/take-part/suffolk-youth-music-activities/key-stage-2-beginner-ensembles/](https://www.suffolkmusicHub.co.uk/take-part/suffolk-youth-music-activities/key-stage-2-beginner-ensembles/)



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