



Cedars Park Primary School School Newsletter

Monday 29th January 2024

Notable Dates

- Fri 2nd Feb** - Number Day
- Mon 5th—Thurs 8th Feb**—Book Fair in School
- Wed 7th Feb** - Parent Consultations 3.30 - 6pm
- Thurs 8th Feb** - Parent Consultations 4.30 - 7pm
- Tues 13th Feb** - Y4 trip to West Stow Anglo-Saxon Village
- Thurs 15th Feb** - SEND Coffee Morning 9 - 10am
- Mon 19th - Fri 23rd Feb** - Half Term
- Mon 26th Feb** - PD Day
- Thurs 7th March** - World Book Day
- Mon 11th—Fri 15th March** - Science Week
- Wed 20th March** - Year 1 Sharing Assembly
- Thurs 28th March** - Last day of term
- Fri 29th March—Thurs 11th April** - Easter Holidays
- Monday 15th April** - Pupils return to school for Summer Term

Lunch Menu w/c 29th Jan

- Monday**
Sausage & Mash or Vegetable Pie
- Tuesday**
Chicken Burger in a Bun or Bean Burrito
- Wednesday**
Roast Beef or Veggie Sausage
- Thursday**
Beef Taco Casserole or Vegetable Enchillada
- Friday**
Chicken Goujons or Veggie Sausages

Jacket Potatoes are available everyday.

Dear Parents and Carers,

Another couple of weeks has flown past—where does the time go?

Pupils in Reception have been enjoying learning about real-life heroes this half term. They have been visited by some special people with important jobs; last week a Firefighter (thank you, Mr Green!) and this week a nurse (thank you, Nurse Amy!) The children love learning to ask questions and finding out as much as they can!



Year 6 pupils had an interesting visit last week from the Owl Sanctuary. The children were able to take notes during the owl presentation (to help them write their non-fiction book on owls). Also, they got the opportunity to dissect owl pellets where they found lots of bones, fur and whiskers.

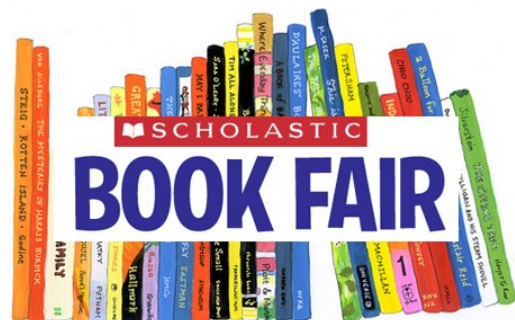
"I enjoyed the owl visit especially breaking the pellets and exploring what was inside. I found many bones," said Florence!

The recent PTA discos were once again an enormous success. A huge £729.87 was raised! The PTA are thrilled and would like to thank all the children and parents who supported the events. If you are looking to join the PTA in order to help them make a difference to the children's experiences in school, you can find out more later on in this newsletter.

Next week is parent consultations and we are once again welcoming the school Book Fair. The Book Fair will be open Monday to Thursday straight after school, so be sure to visit! It will also be open during parent consultation evenings too. If you are yet to book an appointment with your children's class teacher(s), please do so via Arbor. We would love to share with you information about your child's progress in school!

With best wishes for the week ahead,

Miss Suhail
Headteacher



Parking

Please remember to park courteously at drop off and pick up times.



The Community Centre can be used for parking at these busy times.

Please also be reminded that the staff car park is strictly for staff use only.

NSPCC Number Day

This Friday, we are supporting the NSPCC by holding a special 'Number Day'!

As well as taking part in maths challenges throughout the day, and having some special visitors in school from the Inspiration Trust, we have invited the children to dress up for digits! Pupils have been asked to wear non-uniform with the theme of number—perhaps a top with numbers on or football kit with numbers?! Children can get as creative as they'd like to!



World Book Day— Thursday 7th March



Plans for this year's World Book Day are being finalised by our English Leaders and teachers and we will let you know these when we can. However, in the meantime, please be advised that this year, we will ask the children to come to school with their favourite book from home. They are also encouraged to dress up as a character from their favourite book, if they wish to, as this day will be a non-uniform day.

No Nuts!

Please remember we are a nut free school.



School Uniform Reminder

A reminder that children should wear their school PE uniform on days they have PE, as well as when taking part in after school sporting clubs.

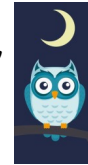


If children do not have their PE kits with them for after school clubs, we cannot allow them to take part due to health and safety.

Vacancy

We are looking to recruit a new After School Club Leader for the Night Owls After School club!

To find out more, please go to our school website [here](#).



School Meals

Please be reminded that if you pay for your child's school meals, these cannot be ordered unless your account on Arbor is in credit. Thank you for your support with this.



Cedars Stars

Well done to most recent Cedars Stars!

Reception	Year 1	Year 2
Charles H	Harry H	Archie M
Lillia D	Elisha C	Jacob C
Zion K	Samuel Z	Ruby C-S
Hugo W	Alec W-T	Amelia R
Year 3	Year 4	Year 5
Arabella B	Kelsie C	Ruby W
Naomi M-C	Kayden F	Kaelan F
Mark W	Esther M-J	Mia S
Harvey-George W	Denver G	Brody W
Year 6		
Beau B		
Amalia K		
Alice M		
Elliott B		

Staff News



Congratulations to Mrs—and Mr!—Marsh for their recent baby news! Mrs Marsh, who teaches Kingfisher class in Year 4, will be welcoming her second child in the summer! Elsewhere, Miss Gilbert, who leads our After School Club, Night Owls, will be leaving us at the end of this half term in order to take up a post in a local nursery provision. We thank Miss Gilbert for all of her hard work at the school and wish her luck in her new job!

Attendance

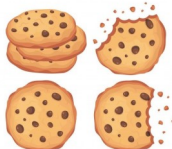
Good attendance to school supports pupils' attainment and well-being.

Last week's attendance was as follows:

- Reception: 94.13%
- Year 1: 93.54%
- Year 2: 87.22%
- Year 3: 92.79%
- Year 4: 90.83%
- Year 5: 92.68%
- Year 6: 95.54%

Well done to Year 6 for having the highest attendance!

Class Cookies



Well done to Curlews in Year 6 for having the highest attendance last week—100%!

What Parents & Carers Need to Know about AGE-INAPPROPRIATE CONTENT

"Inappropriate" means different things to different people. What's acceptable for one age group, for example, may be unsuitable for a slightly younger audience. Online, young people can chance upon inappropriate content in various ways – from pop-up ads to TikTok videos. The increasingly young age at which children become active in the digital world heightens the risk of them innocently running into something that they find upsetting or frightening. Trusted adults need to be able to help children be aware of what to do if they're exposed to age-inappropriate content.

WHERE IS IT FOUND?

SOCIAL MEDIA

Age-inappropriate content is easily accessible through many social media platforms. TikTok, for instance, is hugely popular with young people but is arguably best known for clips featuring sexualised dancing or profanity. Some social media users also express hate speech or promote eating disorders and self-harm, which could cause lasting damage to a child's emotional and mental health.

GAMING

Gaming is an enjoyable source of entertainment, but many popular titles can expose children to inappropriate material such as violence, horror, gambling or sexually explicit content. Playing games unsuitable for their age risks normalising to children what they are seeing. Some games also include in-game chat, where other (usually older) online players often use language that you probably wouldn't want your child to hear or repeat.

STREAMING

The range of video streaming services available online means that users can find almost anything they want to watch on demand. Children are therefore at risk of viewing TV shows and movies which contain nudity, drug and alcohol abuse, explicit language and extreme violence. Unfortunately, these streaming platforms can't always determine that it's not an adult who's watching.

ADVERTS

Online adverts frequently include age-inappropriate content; usually gambling and nudity or partial nudity, although adverts for alcohol or e-cigarettes are also common. Some search engines also feature adverts that are responsive to your search history: so if you've recently looked up a new horror movie, shopped for lingerie or ordered alcohol online, then the ads appearing on screen could reflect this the next time your child borrows your device.



Advice for Parents & Carers

TALK IT THROUGH

Embarrassment or fear of getting into trouble can make it difficult for children to talk openly about age-inappropriate content they've watched. Remind your child that you can always come to you if they're troubled by something they've seen online, without worrying about consequences. Before offering advice, discuss what they saw, how they felt and how they came to find the content in question.

CONNECT, DON'T CORRECT

If your child's been particularly distressed by exposure to content that wasn't suitable for their age, it's important to offer guidance to prevent them from repeating the same mistake – but it's equally vital to help them deal with the emotions that the situation has raised. You could tell them about any similar experiences you might have had at their age, and how you dealt with it.

BLOCK, REPORT, CONTROL

After discussing the problem, you and your child can take action together. This could include blocking any inappropriate sites and reporting any content which violates a platform's rules. To further safeguard your child online, set up parental controls on internet-enabled devices that they use. This will significantly reduce the chances of your child being exposed to age-inappropriate content in future.

GET SPECIALIST HELP

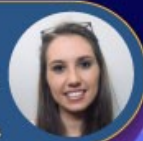
Age-inappropriate content can potentially have a negative impact on a child's mental health, which is sometimes displayed through changes in their behaviour. If the problem becomes more severe, you might consider reaching out to a mental health professional or an expert in this field who can provide you and your child with the proper support.

STAY CALM

Even though it is obviously difficult to stay rational in a situation where your child has been put at risk, it's essential to think before you react. Your child may well have hesitated to open up to you about watching inappropriate content for fear of the consequences, so being calm and supportive will reinforce the notion that it would be easy to talk to you about similar issues in the future.

Meet Our Expert

Cayley Jorgensen is a Registered Counsellor with The Health Professions Council of South Africa, and she runs a private practice offering counselling to children, teenagers and families. Her main focus is creating awareness and educating the community on the mental health pressures of today's world, as well as resources and techniques to understand and cope better.



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Sources: <https://www.education.gov.za/documents/about/program/bullystop/inlineappropriate.pdf> | <https://www.safesky.gov.za/education/training-professionals/professional-learning-program/teaching-inappropriate-content-fact-sheet/> | <https://www.wakeupwednesday.co.za/wp-content/uploads/2021/04/children-media-five-year-1.pdf>

7 REASONS TO...

join our PTA

#1 Your Child Benefits



#2 To Make A Difference

HELLO

#3 We Have Fun

#4 Make Friends

#5 Feel Involved



#6 Give A Helping Hand

#7 Keep Our PTA Going

To get involved email:
Ptacedarspark@gmail.com