



Cedars Park Primary School

School Bulletin

Friday 18th October 2024

Notable Dates

- Mon 21st Oct**—Year 6 PGL Information Evening 6pm
- Mon 28th Oct - Fri 1st Nov** Half Term
- Fri 8th Nov**—PTA Non Uniform Day - Details to follow
- Tues 12th Nov**—Reception Phonics Evening
- Tues 19th Nov**—Individual / Sibling photos
- Wed 20th Nov**—Reception Maths Evening
- Wed 4th Dec**—Reception Christmas Sing Along
- Tues 10th Dec**—KS1 Christmas Performance 1.30pm & 6pm
- Wed 11th Dec**—Christmas Dinner and Christmas Jumper Day
- Tues 17th Dec**—Year 6 Christmas Market
- Fri 20th Dec**—End of Term

Lunch Menu w/c 21st October

- Monday**
Margherita Pizza or Vegetable Enchilada
- Tuesday**
Meatballs in Tomato Sauce & Pasta or Cheesy Vegetable Bake
- Wednesday**
Roast Beef or Vegan Sausages
- Thursday**
Pulled Pork Wrap or Cheese & Onion Quiche
- Friday**
Fish Fillet or Vegan Fish Fingers

Jacket Potatoes available every day.

Parent and Visitor Code of Conduct

We strive to ensure that our school is a safe, healthy and pleasant environment for all members of the school community: staff, pupils and visitors.

We are very happy to deal with any concerns or queries which are presented in an acceptable way.

Please be aware, however, that conduct or communication which is interpreted as abusive, aggressive, threatening, intimidating or which seeks to undermine staff will not be accepted.

For more information, you can find the Trust's Parent and Visitor Code of Conduct on the school website [here](#).

Nut Free School

We have a number of children in school with serious allergies to nuts.

Please ensure that you carefully check the food children bring into school—both for snack and for lunch—to ensure that it does not contain nuts.



Poppy Appeal

Year 6 House Captains will be leading the Royal British Legion's Poppy Appeal from next week during break times and lunchtimes. Thank you in advance for your support towards this very worthy cause.



Class Cookies

Well done to **Kestrel Class** in Year 4 for having the highest attendance this week!



Cedars Stars

★ Well done to our recent Cedars Stars! ★

Reception Karina F Ralph P	Year 1 Carter T Anya H	Year 2 Roman G Nevaeh S
Year 3 Evelyn M Aimee W	Year 4 Jolyon G Naomi M-C	Year 5 Denver G Harrison W
Year 6 Madeleine H Alfred A		

Staff Car Park

Please be reminded that to ensure pupil safety, we ask parents and carers **not** to park in the staff car park.

Thank you for your support in this matter.



Year Group Emails

A reminder that class teachers can be directly contacted via the year group emails as follows:

- Reception: reception@cedarspark.net
- Year 1: year1@cedarspark.net
- Year 2: year2@cedarspark.net
- Year 3: year3@cedarspark.net
- Year 4: year4@cedarspark.net
- Year 5: year5@cedarspark.net
- Year 6: year6@cedarspark.net



Attendance

Good attendance to school supports pupils' attainment and well-being.

This week's attendance was as follows:

- Reception: 98.1%
- Year 1: 97.94%
- Year 2: 96.77%
- Year 3: 97.93%
- Year 4: 97.5%
- Year 5: 94.68%
- Year 6: 97.87%

Well done to Reception for having the highest attendance!

Activities Unlimited

Activities Unlimited is a short break service for disabled children and young people with SEN in Suffolk.

Families can visit their website, register their child(ren) to become members and then book lots of exciting activities and short breaks online.

<https://www.suffolklocaloffer.org.uk/short-breaks-and-leisure-activities/activities-unlimited>



School Games Gold Award

We are delighted to share that we were awarded the School Games Gold Award at the end of last year.

This is in recognition of all of the events the children participated in throughout the year.

A special thank you to Mr Nurse for supporting the children with the games and competitions.



TT Rockstars

We encourage children to practise their times tables using TT Rockstars.

The children can practise using this platform at home too by downloading the TT Rockstars app. Children's logins have been given to them by teachers and for most can be found in their reading records.

In our weekly celebration assemblies, the Year 6 House Captains are tasked with announcing the children's successes on the app—this is a great motivator for the children!



When is my child too unwell to attend school?

A reminder that you can find below full guidance on what to do about sending your child into school on a range of common illnesses and ailments.

[Is my child too ill for school? - NHS \(www.nhs.uk\)](https://www.nhs.uk)

[HPECS Exclusion Table](#)

CONSULTATION ON ADMISSION ARRANGEMENTS TO BACTON, CEDARS PARK AND MENDLESHAM PRIMARY SCHOOLS AND STOWUPLAND HIGH SCHOOL FOR THE YEAR 2026-27.

The Trust Board for Oxlip Learning Partnership is currently determining proposed admission arrangements for the above schools in FOR 2026-27.

As determined by the School Admissions Code, we are required to consult on these arrangements, and are inviting comments.

A copy of the proposed admissions policy is being emailed to you today and is also available on the Trust's [website](#) for your information.

If you wish to comment on the proposed admissions arrangements, please send your response in writing to Sarah Stringer at sstringer.oxlip.uk

Comments should be received by no later than 6 December 2024 allowing a minimum of 6 weeks excluding school holidays.

What Parents & Educators Need to Know about HORROR FILMS & AGE RATINGS

The 'on-demand' availability of streaming platforms in many homes creates extra possibilities for young viewers to be exposed to age-inappropriate content. Material which features horror or violence can cause anxiety and nightmares for children, especially since it can be hard for young ones to grasp that what they're watching isn't real.

CLASSIFICATION BREAKDOWN

The British Board of Film Classification has the following age ratings:

U: Suitable for all ages

PG: For children aged 8 and above; this content shouldn't unsettle them

12A: Children under the age of 12 should not watch without an adult; this content potentially features bad language, nudity or sexual references

15: Suitable only for 15-year-olds and above

18: Exclusively for an adult audience, with potentially explicit themes of violence, nudity or sex

WHAT ARE THE RISKS?

STREAMING IS EVERYWHERE

Modern mobile devices make it very easy for children to watch streamed films without the need for a TV. The availability of inappropriate content has risen significantly on streaming platforms, almost all of which host 18-rated content. If not restricted by parental controls, this could be viewed by children who aren't quite ready for such adult themes, concepts and imagery.

FACT VS. FICTION

Many children have no trouble separating fact from fiction. However, with modern day technology making pretend violence and horror look ever more realistic, it's becoming harder for youngsters to tell the difference. For instance, consider remakes of older films, where dated special effects (making it easy to discern that something wasn't real) have been replaced by far more convincing monsters and gore.

PEER PRESSURE

Friends encouraging each other to watch the latest film featuring violence or horror can lead to children consuming content that they're not ready for. As 18+ content is available on many streaming platforms, youngsters can watch these together – potentially without their parents' or carers' knowledge.

CHILDREN SCARE DIFFERENTLY

It can be difficult to decide what content is appropriate for children. What's fine for one child could be extremely frightening for another. As many children admit to not sharing or discussing the content they watch with their parents, encouraging an open dialogue around the kind of media that young people consume can help avoid exposing them to any inappropriate content.

PSYCHOLOGICAL IMPACTS

Horror prides itself on its ability to startle or induce genuine fear in the viewer – so it's no surprise that this genre isn't usually intended for children. A natural side-effect of this is that 'jump scares' or a creepy, suspenseful atmosphere can have lasting effects on younger minds. The resulting anxiety can impact a child's sleeping patterns or eating habits.

Advice for Parents & Educators

WATCH THE FILM FIRST

If you're concerned that a film might be unsuitable for children (whether it's their first dive into the horror genre or a step up in age classification), then take a look for yourself. There's no better way to judge whether this content is something you'd deem appropriate for a child – and if a parent, for example, has actually seen the film (or at least a portion of it), they can construct a far more credible case if they decide it's inappropriate.

REMEMBER – IT'S NOT REAL

Emphasise to children that the content they're viewing is entirely fictional and has no chance of affecting them in real life. If a child is upset after watching a film, try to understand what exactly has unsettled them: this can help you approach the topic in a healthy and informative manner, to dispel any fears or anxieties they may have.

DISCUSS THE CONTENT OF FILMS

If a child has seen a film that you think may have exposed them to potentially uncomfortable themes and ideas, don't shy away from talking about it, and answer any questions they may have. This is especially important if they watched the film without an adult present. Ask them to summarise the story for you, as this will give you an understanding of what they've learned from watching it.

USE PARENTAL CONTROLS

Most streaming platforms have the option to put age ranges on children's accounts. This means that films and shows that are inappropriate for children won't be advertised while they're browsing and won't even appear if a child specifically searches for them. This can be changed any time at parents' discretion, but it's wise to protect these settings with a password, so a child can't alter anything on their own.

Meet Our Expert

John Insley is an assistant principal at a secondary school. He has been involved with e-safety in schools for over 10 years, writing policies and supporting various schools in developing their e-safety provision. John has introduced a range of strategies at multiple schools aimed at helping parents to better support their child in the ever-changing digital world.



#WakeUpWednesday

The National College

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/horror-films-and-age-ratings>

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