



Cedars Park Primary School

School Newsletter

Friday 20th September 2024

Notable Dates

Fri 27th Sept - Year 5 Macmillan Coffee Morning 9.30—11am

Thur 3rd Oct - Year 1 Local Walk

Mon 7th Oct - Year 4 Meet the Teacher 9—9.30am

Tues 8th Oct - Year 5 Meet the Teacher 9—9.30am

Wed 9th Oct - Year 2 Meet the Teacher 9—9.30am

Wed 9th Oct - Year 6 Meet the Teacher 2.30—3pm

Thurs 10th Oct - Year 3 Meet the Teacher 9—9.30am

Thur 10th Oct - EYRS Meet the Teacher 2.30—3pm

Fri 11th Oct - Year 1 Meet the Teacher 9—9.30am

Mon 28th Oct - Fri 1st Nov Half Term

Lunch Menu w/c 23rd September

Monday
Chicken with Gravy & Vegetables or Spicy Bean Burrito

Tuesday
Bolognese & Pasta or Veggie Bolognese

Wednesday
Roast Gammon or Roast Quorn Fillet

Thursday
Sausage or Vegan Sausage

Friday
Chicken Burger or Southern Fried Veggie Burger

Jacket Potato available every day.

Dear Parents and Carers,

Welcome back to a new school year! It has been so wonderful to see so many new faces: our youngest learners in Reception are settling in superbly and are enjoying getting to know their new friends, the staff and learning new routines.

Elsewhere, we have a number of new faces throughout the years who have joined us from near and far—the warmest welcome to you all! We are so glad you are here and part of our friendly Cedars Park family!

Last but not least, welcome back to all of our existing pupils and families—the children have settled back into their classes quickly, are enjoying getting to know their new teachers and getting stuck back into learning!

You will be aware that John Milton Academy Trust, of which Cedars is a part of, has now merged with Gippeswyk Community Education Trust. The name of our 'new Trust' is Oxlip Learning Partnership.



Whilst there will be lots of positive changes happening behind the scenes, for our children and parents it is largely business as usual! One change to note however is that my role as 'Headteacher' will now be known as 'Principal' and Mr Main's role as 'Deputy Head' has consequently become 'Vice-Principal'.

As we head towards more autumnal weather and colder temperatures, we know that our little ones are more susceptible to illness. Please help us keep the school community safe and healthy by following the guidance on the poster overleaf, as well as advice that can be found on the NHS website [here](#).

There is so much to look forward to this term: the majority of Year 6 will be returning from their residential trip to Bawdsey Manor today (no doubt very tired, but having made some life-long memories!); elections for key pupil roles in school have been taking place (School Councillors will soon be trained up to deliver tours of the school to prospective parents during our upcoming Reception 2025 Open Mornings!); and Year 5 are busy preparing to host the annual Macmillan Coffee Morning for their parents next Friday—any donations are warmly welcomed!



I—and the staff at Cedars—could not be prouder of our school and its pupils and community. We look forward to another amazing year together, continuing to take on new challenges and going from strength to strength!

With best wishes for the weekend,

Miss Suhail
Principal

What to do

Advice on childhood illnesses



Go to school; if needed, get treatment as required



Some restrictions for school attendance



Don't go to school and see the GP

What it's called?	What it's like	Going to school	Getting treatment	More advice
Asthma flare up	Worsening of usual symptoms		Follow your care plan	Stay off school if feeling too unwell
Chicken pox	Rash begins as small, red, flat spots that develop into itchy fluid-filled blisters		Pharmacy	Back to school five days after on-set of the rash, or when all lesions are crusted over
Common cold	Runny nose, sneezing, sore throat		Pharmacy	Ensure good hand hygiene
Conjunctivitis	Teary, red, itchy, painful eye(s)		Pharmacy	Try not to touch eye to avoid spreading*
Flu	Fever, cough, sneezing, runny nose, headache, body aches and pain, exhaustion, sore throat		Pharmacy	Ensure good hand hygiene*
German measles/ Rubella	Fever, tiredness. Raised, red, rash that starts on the face and spreads downwards		GP	Back to school four days after the rash has started, if feeling well enough. Please let the school know, as pregnant members of staff may be affected.
Glandular fever	High temperature, swollen glands, sore throat; usually more painful than any before		GP	*
Hand, foot & mouth disease	Fever, sore throat, headache, small painful blisters inside the mouth on tongue and gums (may appear on hands and feet)		GP	Attend school while monitoring symptoms
Head lice	Itchy scalp (may be worse at night)		Pharmacy	
Impetigo	Clusters of red bumps or blisters surrounded by area of redness		GP	Back to school when lesions crust or 48 hours after start of antibiotics
Measles	Fever, cough, runny nose, watery inflamed eyes, rash		GP	Back to school four days from on-set of rash, and if feeling well enough
Ringworm	Red ring shaped rash, may be itchy, rash may be dry and scaly or wet and crusty		Pharmacy	
Scabies	Itching rash, commonly between fingers, wrists, elbows, arm		GP	Back to school after first treatment
Scarlet fever	Fever, unwell, red tongue, sandpaper rash		GP	Exclusion period during first 24 hours of antibiotics*
Shingles	Pain, itching, or tingling along the affected nerve pathway. Blister-type rash		GP	Only stay off school if rash is weeping and cannot be covered
Sickness bug/ diarrhoea	Stomach cramps, nausea, vomiting and diarrhoea		Pharmacy	Contact GP if symptoms persist after 48 hours
Threadworms	Intense itchiness around anus		Pharmacy	Ensure good hand hygiene
Tonsillitis/ Strep throat	Intense sore throat for more than 1 day		Pharmacy	See GP if temperature lasts more than 48 hours or cannot swallow. Only need to stay off school if feeling too unwell
Whooping cough	Violent coughing, with a 'whoop'		GP	Exclusion period during first five days of antibiotics
Covid				Visit www.nhs.uk for latest guidance

*Attend school while monitoring symptoms.

This information is a guide and has been checked by health professionals. If you are unsure about your child's wellbeing, we recommend you contact your pharmacy or GP to check.

Working in partnership with

Should my child go to school/nursery today?

Hertfordshire and West Essex Healthier Together for further information

<https://www.hwehealthiertogether.nhs.uk/parents/carers>



Parking

Please can we remind parents that the bay parking spaces outside Cedrus House are only for use by the care home's visitors and staff.

Please also be mindful of parking on the road—be safe, be considerate.

The car park in the community centre can be used in the mornings so that we can continue a harmonious relationship with our local community and neighbours.

Thank you.



Behaviour Before and After School

Children should not play on the gym trail equipment before or after school.

Similarly, activities and equipment in the Reception Learning garden has been carefully set up, ready for the children to engage with during their learning time: please ensure children do not play with these activities or equipment before school.

Thank you.

Attendance Policy

Attendance is now considered part of a school's duty to safeguard children.

As such, there is a revised Attendance Policy in effect: this can be found on the school's website [here](#).

Please remember that school starts at 08:40am; children should therefore be arriving to school for this time.

No Nuts

We are a nut free school!

Coats

Despite a warmer spell this week, we know that colder weather is around the corner: please ensure that your child/ren come to school dressed appropriately as we do go outside in all weathers!



Cedars Stars

Well done to our recent Cedars Stars!

Reception	Year 1	Year 2
Mya U Penny K Lorenzo R Reggie E	Ruby T Oakley I Mila W Malachi D	Florence G Lawson S Georgina G Elisha C
Year 3	Year 4	Year 5
Milo R Sophie F Amelia R Harry D-B	Emma C Leon F Dexter K Elliot B	Thomas D Ethan W Fletcher E Amy L
Year 6		
Harry E & Willis CS		

Asda Rewards

If you shop at Asda, they are currently running a 'Cashpot for Schools' incentive—simply download the Asda app, and nominate our school. Every time you shop in Asda and scan your rewards app, Asda will donate 0.5% of what you have spent in store, directly to the school. This event is being held until the 30th November—we thank you in advance for your support!



Reception Intake: September 2025

We are holding two open evenings and two open mornings for parents with children looking to start school in September 2025.

The sessions will take place as follows:

Open Evening: 30th September 2024 - 6pm

Open Morning: 1st October 2024 - 9:30am

Open Morning: 2nd October 2024 - 9:30am

Open Evening: 9th October 2024 - 6pm

During the Open Mornings, parents will have the opportunity to take tours of the school—led by members of our School Council.

Meet the Teachers

Parents/Carers will have the opportunity to pop into school to officially meet their child/ren's teachers.

The sessions will provide information about the school year—curriculum to be taught as well as trips or visits. In addition, it is a great opportunity to ask the teachers any questions you may have about the year ahead.

Sessions will be held as follows:

Year 4—Monday 7th October at 9:00-9:30am

Year 5—Tuesday 8th October at 9:00-9:30am

Year 2—Wednesday 9th October at 9:00-9:30am

Year 6—Wednesday 9th October at 2:30-3:00pm

Year 3—Thursday 10th October at 9:00-9:30am

EYFS—Thursday 10th October at 2:30-3:00pm

Year 1—Friday 11th October at 9:00-9:30am

If you can join us, please arrive for the session via the school reception.

Attendance

Good attendance to school supports pupils' attainment and well-being.

This week's attendance was as follows:

Reception: 95.86%

Year 1: 94.79%

Year 2: 98.13%

Year 3: 98.1%

Year 4: 98.33%

Year 5: 98.06%

Year 6: 96.07%

Well done to Year 4 for having the highest attendance!

Class Cookies



Well done to Dove Class in Reception for having the highest attendance this week!