Cedars Park Primary School

	Week 1 02.11.26	Week 2 09.11.26	Week 3 16.11.26	Week 4 23.11.26	Week 5 30.11.26	Week 6 07.12.26	Week 7 14.12.26
Monday	Roasted Vegetable Pasta Bake with Garlic Bread (W, Mi)	Mac & Cheese with Garlic Bread (W, Mi)	Tomato & Basil Pasta with Garlic Bread (W)	Southern Fried Vegan Burgers with Herby Diced Potatoes	Meat Free Spaghetti Carbonara & Garlic Bread (W)	Savoury Rice with Prawn Crackers	No Meat Balls Pasta with Garlic Bread (W)
Tuesday	Spaghetti Bolognese (W) Vegetarian Option	Chicken Noodles (W, E, S) Breaded Quorn Strip	Sausages, Hash Browns, Beans & Bread (W, E, Mi) Vegetarian Brunch Lunch	Chicken Curry, Rice & Mini Naan or Chickpea & Vegetable Masala (Mi, W)	Beef Burgers & Herby Diced Potatoes or Vegetarian Southern Fried Burgers (W, SL)	Pork Sausages & Mash or Veggie Sausages (W, SL, Mi)	Sausage Roll & Herby Diced Potatoes or Vegatarian Sausage Roll (W, E, Mi)
Wednesday	Roast Chicken & Roast Potatoes Quorn Fillet (W, M, Mi)	Roast Beef & Roast Potatoes (W, E, Mi) Quorn Fillet	Roast Chicken & Roast Potatoes (W, E, Mi) Quorn Fillet	Roast Beef & Roast Potatoes Quorn Fillet (W, E, Mi)	Roast Chicken & Roast Potatoes or Quorn Fillet (W, E, Mi)	3 Cheese Pizza with Herby Diced Potato (W, Mi)	Roast Beef & Roast Potatoes or Quorn Fillet (W, E, Mi)
Thursday	Pepperoni Pizza Margherita Pizza with Wedges (W, Mi)	Margherita Pizza with Herby Diced Potatoes (W, Mi)	BBQ Chicken Pizza Margherita Pizza with Wedges (W, Mi)	Fish & Chips or Veggie Fingers (F, W)	Pepperoni Pizza Margherita Pizza with Wedges (W, Mi)	Christmas Dinner Turkey & Roast Potatoes or Quorn Fillet (W, M, Mi)	Margherita Pizza & Wedges (W, Mi)
Friday	Fish & Chips or Veggie Fingers (F, W)	Fish Cake French Fries Veggie Finger (F, W)	Fish Burger Waffle Fries Veggie Finger (W, F, Mi, MU)	PD Day	Fish Fingers & Chips of Veggie Finger (F, W)	Fish & Chips or Veggie Finger (F, W)	Chicken Nuggets Chips or Vegan Nuggets (Wi, C)

DESSERTS

Fresh Fruit Platter, Yoghurt, Jelly
Served throughout the week

Homemade Dessert of the Day
Monday, Wednesday, Thursday

Friday—Real Fruit Lollies, Ice Cream Tubs

Also Available Daily

JACKET POTATO

Cheese (Mi)
Beans
Tuna (F)
Butter (Vegan)

ALLERGENS

P-Peanuts
TN-Tree Nuts
E-Eggs
SE-Sesame
S-Soya
Mi-Milk
CE-Celery
MU-Mustard
F-Fish
Mo-Molluscs
CR-Crustacea
L-Lupin
SL- Sulphate

Key to Allergens

ALLERGENS

GLUTEN

W-Wheat
O-Oats
B-Barley
R-Rye
SP-Spelt
GF-Gluten Free