

Notable Dates

Tues 22nd Sept - PTA AGM
6pm

Wed 23rd Sept -
Flu Vaccinations

Wed 23rd Sept - EYFS Read-
ing Workshop

Fri 25th Sept - Year 5
Macmillan Coffee Morning

Tues 29th Sept - Cedars is
20 Picnic

Thurs 1st Oct - Break the
Rules Day

Mon 5th Oct - Year 1 Local
Walk

Fri 16th Oct—TT Rockstars
Day

Tues 20th Oct -
Parent Forum 9am

Thurs 22nd Oct -
Parent Forum 6pm

26th—30th Oct - Half Term

Tues 3rd Nov - Parent Con-
sultations 3.30—6pm

Wed 4th Nov - KS1 Phonics
Workshop

Thurs 5th Nov— Parent Con-
sultaion 3.30—6pm

Fri 27th Nov - PD Day

Lunch Menu w/c 21st Sep- tember

Monday—
Mac & Cheese & Garlic Bread

Tuesday
Sausage Roll

Wednesday
Roast Chicken

Thursday
3 Cheese Pizza

Friday
Fish Burger & Chip

*Jacket Potatoes available
daily*

No Nuts

We are a nut
free school!



Cedars Park Primary School School Newsletter

Friday 18th September 2026

Cedars is 20!

It's hard to believe, but Cedars Park Pri-
mary School is 20 years old!

To mark the occasion, the children have
all contributed towards a fantastic whole
school display in the exhibition area,
focussed around what makes Cedars
Park special to them.

We are also organising a celebratory pic-
nic lunch (weather permitting!) on the
school field with our parents and carers
welcomed over lunchtime to enjoy a pic-
nic lunch with their child(ren).

During the picnic, we will also enjoy
songs from the choir and some other sur-
prises along the way.

This special picnic lunch is planned for
Tuesday 29th September at 12—1pm.

We hope parents/carers are able to join us in marking this milestone in the
school's journey.



Google Classroom

At Cedars, we use Google Classroom for children's homework. We can also use
this space for teachers to communicate messages and share important infor-
mation, not least the week's spellings!

We appreciate that for some of our newer families, there have been teething
problems getting onto your child's classroom.

Here is some information we hope will help:

- Every child at the school, from Year 1, is issued with a google email ad-
dress;
- Once you know your child's google email address and the initial pass-
word set up, please help your child to log on via Google Mail. You will be
prompted to set a new password;
- In your child's inbox, there will be a link to follow—an invitation to join
their Google Classroom for the year.

If you get stuck, please do give the video on the school's website [here](#) a watch.
In addition, there are a number of 'How to' docu-
ments which walk you through the key processes.

If you continue to have trouble—please contact
your child's class teacher or the school office, who
will be happy to help.



Cedars Park PTA

BREAK the RULES DAY



Rules to be broken include:

1. Must wear school uniform, no football kits allowed
2. Have neat and tidy hair, no hats to be worn
3. No make-up, glitter or tattoos
4. No nail varnish
5. Fill your water bottle with water only

Here's how it works:

When?
Friday 1st
October!

Parentkind
Member Association

Pay 50p for every rule you would like to break!
Funds go to the PTA to help us help your school in creating an amazing learning experience.

Parking

Please remember that the bay parking spaces outside Cedrus House are only for use by the care home's visitors and staff.

Please also be mindful of parking on the road—be safe, be considerate.

The car park in the community centre can be used in the mornings so that we can continue a harmonious relationship with our local community and neighbours.



TT Rockstars Day

On **Friday 16th October**, we will be holding a Times Tables Rockstars Day—and it's going to be bigger than ever!

Mr Johnson, who is our Maths Leader, is finalising plans—which we'll share with the children and parents soon. However, a key part of the day is having fun dressing up as rockstars for the day. We ask all children to join in—you could go small with some cool sunglasses, or big with a wig! We can't wait to see what the children come up with!



PTA—AGM

At Cedars Park, we are lucky to have the most amazing and supportive PTA.

The parents who work together to raise money for the school help us to be able to subsidise trips so the cost of these are kept to a minimum. They also help us to improve the experiences children have at school too—for example, the purchase of our Reading Shed, which has created a quiet space for our children to use at social times.

If you can afford the time, we would love for you to consider giving your support to the PTA team! Their Annual General Meeting takes place on **Tuesday 22nd September 2026 at 6pm**

in the school hall. Here, we can discuss even more exciting projects we can plan to help enrich the children's' experiences at school further.

See you there!



EYFS—Reading Workshop

We are holding a reading workshop for EYFS (Reception) parents on **Wednesday 23rd September at 9am** in the school hall.

Here, we will share how we teach phonics and early reading to our littlest learners in school. You'll also find out how you can help support your child at home too.



Parent Forums

Behaviour at Cedars Park, and how we teach, nurture and develop it, is a real focus for us.

Over the last year or so, we have been moving towards a more intentionally therapeutic approach—without lowering our usual high expectations of course.

To hear more, and to have a chance to share your thoughts and ask questions, we will be holding Parent Forums, as below. We hope these will be helpful in keeping parents and carers better informed about why we do what we do.



Tuesday 20th October at 9am
Thursday 22nd October at 6pm

Both sessions will take place in the school hall—we hope to see you there.

KS1 Phonics Workshop

We will be holding a Phonics workshop for our Key Stage 1 (Year 1 and 2) parents and carers on **Wednesday 4th November at 9am** in the school hall.

This will be a great opportunity to see some phonics teaching in action with the children, learning about how we teach letters and sounds to children, as well as how to apply this knowledge to blend for reading and segment for spelling. We'll also share information about the Phonics Screening Check, and what this looks like for your child.

Most importantly, you'll find out how to help your child at home too.

We hope you can make it!



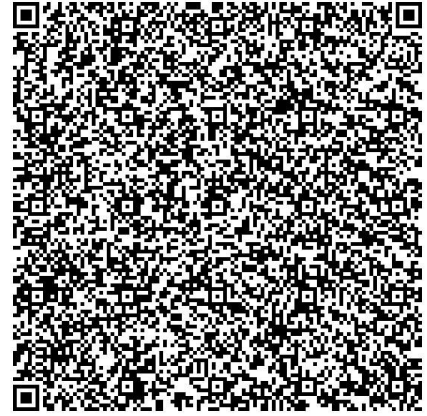
Macmillan Coffee Morning

As we are sure you are aware, 'The World's Biggest Coffee Morning' is Macmillan's biggest fundraising event for people facing cancer. With that in mind, Year 5 are getting involved; they will be hosting their own Coffee Morning on **Friday, 25th September from 9.30 – 11am**, with all donations on the day, made to Macmillan.



Whilst we invite all of our Year 5 parents and carers to attend this coffee morning, we kindly ask that should you wish to donate outside of this, this QR code will take you to our fundraising page.

We thank you in advance for your support towards this worthy cause.



Cedars Stars

Reception Leila C Nina Z	Year 1 Lilian L David S	Year 2 Shelby R Arlis V
Year 3 Isaiah S Florence F	Year 4 Oscar B Aurora A	Year 5 Brendan Q Brooke B

Each week, teachers choose a child in their class who has really stood out that week for following our school rules (The Cedars ABC) or showing our school values (Leadership, Organisation, Resilience, Initiative and Communication).

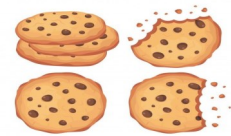
Well done to this week's Cedars Stars!

Class Cookies

Attendance at Cedars Park is a real strength.

Each week, we celebrate the class that has the highest attendance—the children each get a cookie as a treat!

Well done to **Cormorant class in Year 5** for having the highest attendance this week of **100%**



Attendance

Good attendance to school supports pupils' attainment, progress and well-being.

This week's attendance was as follows:

Reception: 97.76%
Year 1: 96.1%
Year 2: 97.72%
Year 3: 99.15%
Year 4: 97.55%
Year 5: 97.83%
Year 6: 97.55%

Well done to **Year 3** for having the highest attendance this week!





Cedars Park
Primary School
NO LIMIT TO LEARNING

"Pupils enjoy attending a vibrant and welcoming school." Ofsted 2023



EYFS open days

We would love to welcome you to our school!

Our open days are on:

5th October - 6pm

7th October - 9:30am

9th November - 9:30am

12th November - 6pm

2nd December - 9:30am

9th December - 9:30am

6th January - 9:30am

Book via the school office on:

01449 778230

admin@cedarspark.net



Feel free to contact us if you are unable to make these dates as we would love to show you around!

Top Tips for SUPPORTING CHILDREN'S RETURN TO ROUTINE

Returning to school after the holidays can be challenging for some children and young people, and both families and education settings can play an important role in helping them readjust. Consistent routines, clear expectations, and supportive communication can support children and young people's wellbeing, self-regulation, and academic success. These practical tips can help make the transition back to school feel more manageable.

1 START EARLY

Gradually reintroduce school-day sleep, meal, and wake-up routines around a week before term begins. In education settings, familiar routines and expectations can also be introduced from the start of term to help pupils settle back in. A gradual and predictable approach can make the transition feel less abrupt and give children and young people the time they need to readjust to the structure of school life.

2 REBUILD ROUTINES TOGETHER

Involve the children and young people in your care in the rebuilding of familiar routines at home and in education settings. Having a say in their daily schedule can increase predictability for them and give them a greater sense of control. This might include discussing morning routines at home or reviewing classroom timetables, expectations, and activities together at the beginning of the school day.

3 ENCOURAGE RESPONSIBILITY

Giving children and young people age-appropriate responsibilities can help foster their autonomy and engagement. For younger children at home, this might include getting dressed independently or checking their school bag. In education settings, children and young people could organise their learning materials, complete simple classroom tasks, or follow a familiar morning routine. These manageable responsibilities can help them feel more involved in the school day while developing useful skills.

4 RECONNECT WITH PEERS

Re-establishing friendships can help children and young people feel more confident and connected when they return to school. Families might arrange opportunities for their children to speak to or spend time with school friends, while educators can use group activities, 'buddy' systems, or collaborative tasks to help rebuild classroom connections.

5 SUPPORT HEALTHY NUTRITION

Regular, balanced meals, particularly at breakfast, are linked to improved concentration, behaviour, and academic outcomes. Families can gradually return to familiar school-day mealtimes, while education settings can reinforce healthy eating routines at the start of term and signpost breakfast provision where available. Consistent access to food can help support children and young people's energy levels and concentration throughout the day.

6 COMMUNICATE OPENLY

Talk to the children and young people in your care about how they feel about the return to school and give them the opportunity to share any worries or questions. Anxiety around going back to school, particularly when starting a new year group, can be common, and children and young people may benefit from your reassurance and support. Parents and educators can all help with this by listening calmly to concerns and questions, and sharing relevant information with one another where appropriate.

7 RECONNECT WITH LEARNING AND PEERS

Light educational activities before term begins can help children become familiar with learning routines again without creating any unnecessary pressure on them. In school, low-pressure recap activities and familiar tasks from the previous year group can serve a similar purpose during the first few days back. Keeping learning positive and achievable can help rebuild children's concentration, confidence, and academic motivation as they settle back into their usual routine.

8 PRIORITISE SLEEP

Ensure the children and young people in your care get age-appropriate sleep and begin returning to their usual bedtime habits before term starts. Reducing screen use before bedtime may also support better sleep quality. Educators can also be mindful that tiredness may temporarily affect children's concentration, behaviour, and emotional regulation as they readjust to school routines.

9 PREPARE AHEAD

Organising uniforms, bags, lunches, and other school essentials in advance can reduce unnecessary stress when school mornings begin again. Educators can also help by preparing pupils for any changes to classrooms, timetables, staff, or behaviour expectations. Giving children clear information about what to expect ahead of time can make the return feel more familiar and help build up their confidence and independence.

10 BE PATIENT AND FLEXIBLE

Children adjust to changes in their routines at different rates, so your patience and flexibility can be important during the first days and weeks back. Some may settle quickly, while others need longer to adapt to earlier mornings, classroom expectations, or busy schedules. Parents and educators can support children and young people's readjustment by maintaining consistent routines, all the while recognising that concentration, behaviour, or confidence may temporarily look different for them.

WELCOME BACK!

Meet Our Expert

Adam Gillett is Associate Vice Principal for Personal Development at Penistone Grammar School, and a business development specialist for Minds Ahead, which works with schools to improve their mental health provision.



#WakeUpWednesday

The National College

See full reference list on our website

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